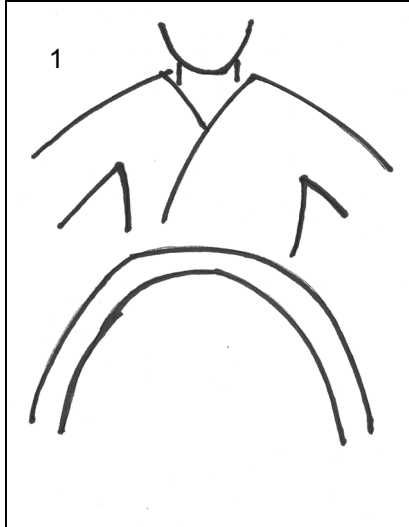
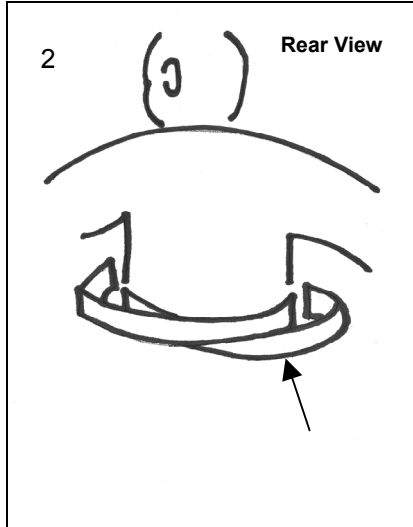


How to Properly Tie a Tae Kwon Do Belt

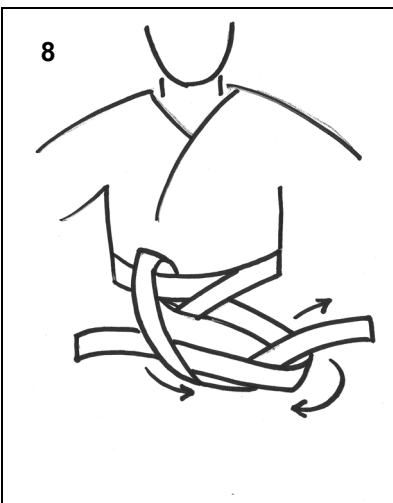
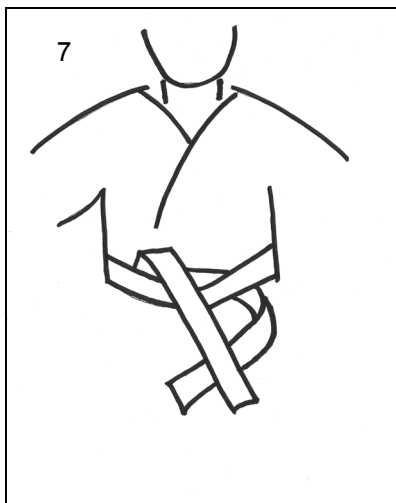
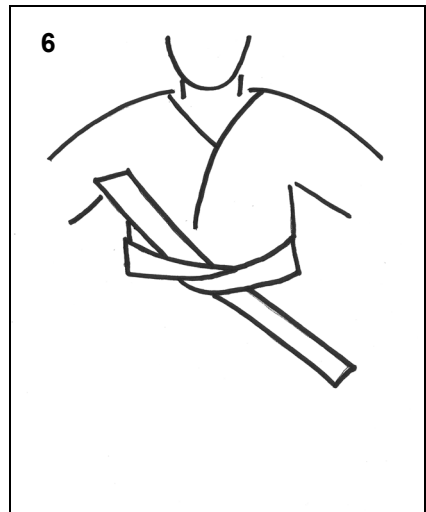
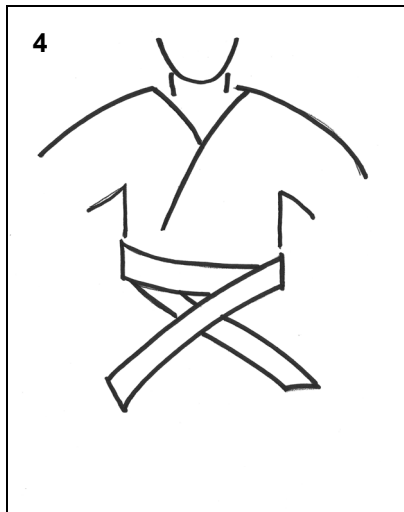
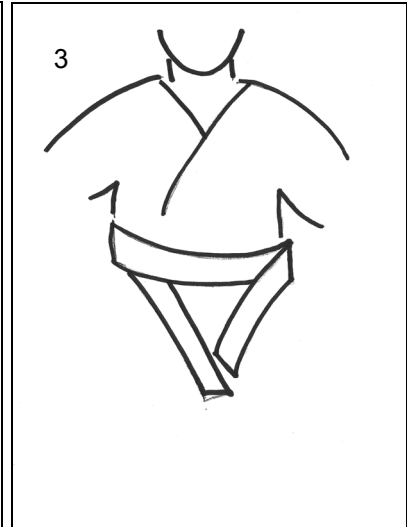
Lee Brothers Tae Kwon Do



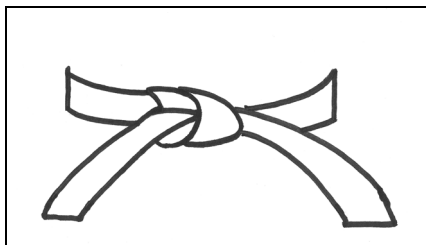
1 Fold Belt in half, Start at center
Rank stripe on right, if you have one



2 Tuck right side completely underneath



**When finished
It should look like this!**



When finished, the rank stripe, if you have one,
(2 stripes that indicate that you are a High Belt) should be on your left